HOW TO REPORT BULLYING AND/OR HARASSMENT.

All students are invited to report any form of bullying and/or harassment.

When making a bullying and/or harassment report, follow these steps:

1. Make sure the behaviour can be labelled as bullying and/or harassment – see the information on bullying and harassment below.

2. If it is bullying and/or harassment, obtain an Anti-Bullying Report Form from a teacher, download it from the MGHS webpage or collect one from any staffroom or the Anti-Bully Box (near the Photocopy Room).

3. Fill in the form and then:
   - Give the form to any teacher you trust. You can also ask a teacher to help you fill in the form. The teacher will then help you resolve the bullying/harassment, OR
   - Post the completed form in the Anti-bullying box (located just outside of the Photocopy Room), OR
   - fill in the Anti-bullying electronic form found on the school web page and email it to lynette.matthews2@det.nsw.edu.au

4. A teacher will talk to you soon about the bullying and or harassment.

Useful information to determine if the behaviour is bullying and/or harassment.

What is bullying?
Bullying is repeated behaviour (same person behaves as a bully at least 3 times) that:

- is harmful;
- targets a certain person or group of people;
- embarrasses, dominate or intimidates the person being bullied.

Bullying includes:

- Verbal insults like teasing, name-calling, harassing;
- Physical behaviour like hitting, kicking, pushing;
- “muckering about” that goes too far;
- Cyber-bullying like offensive SMS and emails, on Facebook or in chat rooms;
- Anti-social behaviour like exclusion, gossip, spreading rumors or offensive gestures.

What is harassment?
Harassment is behaviour that targets an individual or group that offends, humiliates, intimidates or creates a, hostile environment. This could be because they belong to a specific race, religion, gender or gender-orientation group or have a disability, for example.

Sexual harassment is any unwanted or unwelcome sexual behaviour, which makes a person feel offended, humiliated or intimidated. Sexual harassment has nothing to do with mutual attraction or friendship. It is serious and can be against the law.

Will telling someone help?

Telling someone that you are being bullied/harassed is important. It can make the young person being bullied feel better because they don’t have to deal with the problem on their own. Reporting bullying and/or harassment allows the young person to get advice and helps to stop the bullying and/or harassment.


Helpful links

- www.kidshelp.com.au
- www.bullyingnoway.com.au